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Pragya Sur, Galit Shmueli, Smarajit Bose & Paromita Dubey

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# Modeling Bimodal Discrete Data Using Conway-Maxwell-Poisson Mixture Models

# Pragya SUR

Indian Statistical Institute, Kolkata 700108, India (pragya1386@gmail.com)

# Galit SHMUELI

Institute of Service Science, National Tsing Hua University, Hsinchu 30013, Taiwan (galit.shmueli@iss.nthu.edu.tw)

# **Smarajit BOSE and Paromita DUBEY**

Indian Statistical Institute, Kolkata 700108, India (smarajit@isical.ac.in; paromitadubey@gmail.com)

Bimodal truncated count distributions are frequently observed in aggregate survey data and in user ratings when respondents are mixed in their opinion. They also arise in censored count data, where the highest category might create an additional mode. Modeling bimodal behavior in discrete data is useful for various purposes, from comparing shapes of different samples (or survey questions) to predicting future ratings by new raters. The Poisson distribution is the most common distribution for fitting count data and can be modified to achieve mixtures of truncated Poisson distributions. However, it is suitable only for modeling equidispersed distributions and is limited in its ability to capture bimodality. The Conway–Maxwell–Poisson (CMP) distribution is a two-parameter generalization of the Poisson distribution that allows for over- and underdispersion. In this work, we propose a mixture of CMPs for capturing a wide range of truncated discrete data, which can exhibit unimodal and bimodal behavior. We present methods for estimating the parameters of a mixture of two CMP distributions using an EM approach. Our approach introduces a special two-step optimization within the M step to estimate multiple parameters. We examine computational and theoretical issues. The methods are illustrated for modeling ordered rating data as well as truncated count data, using simulated and real examples.

KEY WORDS: Censored data; Count data; EM algorithm; Likert scale; Surveys.

#### 1. INTRODUCTION AND MOTIVATION

Discrete data arise in many fields, including transportation, marketing, healthcare, biology, psychology, public policy, and more. Two particularly common types of discrete data are ordered ratings (or rankings) and counts. This article is motivated by the need for a flexible distribution for modeling discrete data that arise in truncated environments, and in particular, where the empirical distributions exhibit bimodal behavior. One example is aggregate counts of responses to Likert scale questions or ratings such as online ratings of movies and hotels, typically on a scale of one to five stars. Another context where bimodal truncated discrete behavior is observed is when only a censored version of count data is available. For example, when the data provider combines the highest count values into a single "larger or equal to" bin, the result is often another mode at the last bin.

Real data in the above contexts can take a wide range of shapes, from symmetric to left- or right-skewed and from unimodal to bimodal. Peaks and dips can occur at the extremes of the scale, in the middle, etc. Data arising from ratings or Likert scale questions exhibit bimodality when the respondents have mixed opinions. For example, respondents might have been asked to rate a certain product on a 10-point scale. If some respondents like the item considerably and others do not, we would find two modes in the resulting data, and the location of the modes would depend on the extent of the likes and dislikes. In online ratings, sometimes the owners of the rated product/service illegally enter ratings, thereby contributing to overly "good" ratings, while other users might report very "bad" ratings. This behavior would again result in bimodality.

In addition to bimodality, data from different groups of respondents might be underdispersed or overdispersed, due to various causes. For example, dependence between responders' answers can cause overdispersion.

The most commonly used distribution for modeling count data is the Poisson distribution. One of the major features of the Poisson distribution is that the mean and variance of the random variable are equal. However, data often exhibit overor underdispersion. In such cases, the Poisson distribution often does not provide good approximations. For overdispersed data, the negative Binomial model is a popular choice (Hilbe 2011). Other overdispersion models include Poisson mixtures (McLachlan 1997). However, these models are not suitable for underdispersion. A flexible alternative that captures both overand underdispersion is the Conway–Maxwell–Poisson (CMP) distribution. The CMP is a two-parameter generalization of the Poisson distribution which also includes the Bernoulli and geometric distributions as special cases (Shmueli et al. 2005). The CMP distribution has been used in a variety of count-data

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applications and has been extended methodologically in various directions (see a survey of CMP-based methods and applications in Sellers, Borle, and Shmueli 2012).

In the context of bimodal discrete data, and for capturing a wide range of observed aggregate behavior, we therefore propose and evaluate the use of a mixture of two CMP distributions. We find that a mixture of Poisson distributions is often insufficient for adequately capturing many bimodal distribution shapes. Consider, for example, the situation of responses with a U-shape with one peak at a low rating (say, 1), followed by a steep decline, a deep valley, and then a sudden peak at a high rating (say, 9). A mixture of two Poisson distributions will likely be inadequate due to the steep decline after 1 and sudden rise near 9. Such data might arise from a mixture of two underdispersed distributions. There might be other situations where the data can be conceived of as a mixture of two overdispersed distributions or an overdispersed and an underdispersed distribution. Under such setups, mixtures of two CMP distributions are likely to better fit the data than mixtures of two Poisson distributions. While the CMP distribution has been the basis for various models, to the best of our knowledge, it was not extended to mixtures.

A model for approximating truncated discrete bimodal data is useful for various goals. By approximating, we refer to the ability to estimate the locations and magnitudes of the peaks and dips of the distribution. One application is prediction, where the purpose is to predict the magnitude of the outcome for new observations (such as in online ratings). Another is to try and distinguish between two underlying groups (such as between fraudulent self-rating providers and legitimate raters).

We are interested both in the frequency of a given value as well as in the value itself. In the case of "popular" values, we use the term "peak" to refer to the magnitude and "mode" to refer to the location of the peak. In the case of "unpopular" values, we use the term "dip" to refer to the magnitude, and coin the term "lode" to refer to the location of the dip. In bimodal data, we expect to see two peaks and one, two, or three dips. We denote these by mode<sub>1</sub>, mode<sub>2</sub>, lode<sub>1</sub>, lode<sub>2</sub>, lode<sub>3</sub>, where mode<sub>1</sub> and lode<sub>1</sub> are the left-most (or top-most) mode and lode on a vertical (horizontal) bar chart, respectively.

In the following, we introduce two real data examples to illustrate the motivation for our proposed methodology.

#### 1.1. Example 1: Online Ratings

Many websites rely on user ratings for different products or services, and a "5-star" rating system is common. Amazon.com, netflix.com, tripadvisor.com are just a few examples of such websites. To illustrate such a scenario, Figure 1 shows the ratings for a hotel in Bhutan as displayed on the popular travel website tripadvisor.com (the data were recorded on May 24, 2012 and can change as more ratings are added by users). In this example, we see bimodal behavior that reflects mixed reviews. Some responders have an "excellent" or "very good" impression of the hotel while a few report a "terrible" experience. Here, mode<sub>1</sub> = Excellent, mode<sub>2</sub> = Terrible, lode<sub>1</sub> = Poor.



Figure 1. Distribution of user ratings of Druk Hotel on tripadvisor.com. Recorded May 24, 2012.

#### 1.2. Example 2: Censored Data

The Heritage Provider Network, a healthcare provider, recently launched a \$3,000,000 contest (*www.heritagehealthprize. com*) with the following goal: "Identify patients who will be admitted to a hospital within the next year, using historical claims data." While the contest is much broader, for simplicity we look at one of the main outcome variables, which is the distribution of the number of days spent in the hospital for claims received in a 2-year period (we excluded zero counts which represent patients who were not admitted at all. The latter consist of nearly 125,000 records). The censoring at 15 days of hospitalization creates a second mode in the data, as can be seen in Figure 2. In this example, mode<sub>1</sub> = 1, mode<sub>2</sub> = 15 + , lode<sub>1</sub> = 14.

The remainder of the article is organized as follows: In Section 2 we introduce a mixture of truncated CMP distributions for capturing bimodality, and describe the EM algorithm for estimating the five CMP mixture parameters and computational considerations. We also discuss measures for comparing model performance. Section 3 illustrates our proposed methodology by applying it to simulated data, and Section 4 applies it to the two real data examples. We conclude the article with a discussion and future directions in Section 5.

#### 2. A MIXTURE OF TRUNCATED CMP DISTRIBUTIONS

#### 2.1. The CMP Distribution

The CMP distribution is a generalization of the Poisson distribution obtained by introducing an additional parameter  $\nu$ , which can take any nonnegative real value, and accounts for the cases of over- and underdispersion in the data. The distribution was briefly introduced by Conway and Maxwell in 1962 for modeling queuing systems with state-dependent service rates. Non-Poisson datasets are commonly observed these days. Overdispersion is often found in sales data, motor vehicle crashes counts, etc. Underdispersion is often found in data on word length, airfreight breakages, etc. (see Sellers, Borle, and Shmueli 2012 for a survey of applications). The statistical properties of the CMP distribution, as well as methods for estimating its parameters were established by Shmueli et al. (2005). Various CMP-based models have since been published, including CMP regression models (classic and Bayesian approaches), cure-rate models, and more. The various methodological developments take advantage of the flexibility of the CMP distribution in capturing under- and overdispersion, and applications have shown



Figure 2. Distribution of numbers of days at the hospital. Data reported in censored form.

its usefulness in such cases. However, to the best of our knowledge, there has not been an attempt to fit bimodal count distributions using the CMP. The use of CMP mixtures is advantageous compared to Poisson mixtures, as it allows the combination of data with different dispersion levels with a resulting bimodal distribution.

If X is a random variable from a CMP distribution with parameters  $\lambda$  and  $\nu$ , its distribution is given by

$$P(X = x) = \frac{\lambda^{x}}{x!^{\nu}} \cdot \frac{1}{\sum_{j=0}^{\infty} \frac{\lambda^{j}}{j!^{\nu}}}, \text{ for } x = 0, 1, 2, \dots$$
  
  $\lambda > 0, \nu \ge 0.$  (1)

It is common to denote the normalizing factor by Z ( $\lambda$ ,  $\nu$ ) =  $\sum_{j=0}^{\infty} \frac{\lambda^j}{j!^{\nu}}$ . The common features of this distribution are:

1. The ratio of successive probabilities is nonlinear in *x* unlike that for the Poisson distribution.

$$\frac{P\left(X=x-1\right)}{P\left(X=x\right)} = \frac{x^{1}}{\lambda}$$

In case of the Poisson distribution ( $\nu = 1$ ) the above quantity becomes linear ( $x/\lambda$ ).

If  $\nu < 1$ , successive ratios decrease at a slower rate compared to the Poisson distribution giving rise to a longer tail. This corresponds to the case of overdispersion. The reverse occurs for the case of underdispersion.

- 2. This distribution is a generalization of a number of discrete distributions:
  - For  $\nu = 0$  and  $\lambda < 1$ , this is a geometric distribution with parameter 1- $\lambda$ .
  - For  $\nu = 1$ , this is the Poisson distribution with parameter  $\lambda$ .
  - For  $\nu \to \infty$ , this is a Bernoulli distribution with parameter  $\lambda/(1+\lambda)$ .

3. The CMP distribution is a member of the exponential family and  $(\sum_{i=1}^{n} x_i, \sum_{i=1}^{n} \log(x_i !))$  is sufficient for  $(\lambda, \nu)$ .

We modify the CMP distribution to the truncated scenario considered in this article. For data in the range t, t + 1, t + 2,..., T, we truncate values below t and above T. For example, for data from a 10-point Likert scale, the truncated CMP pmf is given by

$$P(X = x) = \frac{\lambda^x}{x!^{\nu}} \cdot \frac{1}{\sum_{j=1}^{10} \frac{\lambda^j}{j!^{\nu}}}, x = 1, 2, \dots, 10; \lambda > 0, \nu \ge 0.(2)$$

### 2.2. CMP Mixtures

The principal objective of this article is to model bimodality in count data. Since both the Poisson and CMP can only capture unimodal distributions, for capturing bimodality we resort to mixtures. The standard technique for fitting a mixture distribution is to employ the expectation-maximization (EM) algorithm (Dempster, Laird, and Rubin 1977). For example, in case of Poisson mixtures, one assumes that the underlying distribution is a mixture of two Poisson component distributions with unknown parameters while the mixing parameter p is also unknown. Further it is also assumed that there is a hidden variable with a Bernoulli (p) distribution, which determines from which component the data are coming from. Starting with some initial values of the unknown parameters, in the first step (E-step) of the algorithm, the conditional expectation of the missing hidden variables are calculated. Then, in the second step (M-step), parameters are estimated by maximizing the full likelihood (where the values of the hidden variables are replaced with the expected values calculated in the E-step). Using these new estimates, the E-step is repeated, and iteratively both steps are continued until convergence.

Let *X* be a random variable assumed to have arisen from a mixture of CMP ( $\lambda_1$ ,  $\nu_1$ ) and CMP ( $\lambda_2$ ,  $\nu_2$ ) with probability *p* of

being generated from the first CMP distribution. We also assume that each CMP is truncated to the interval [1, 2, ..., T].

Let  $f_1(x)$  and  $f_2(x)$  denote the pmfs of the two CMP distributions, respectively. Then the pmf of X is given by

$$f(x) = pf_1(x) + (1 - p) f_2(x)$$
 for  $x = 1, 2, ..., T$ . (3)

If  $X_1, X_2, ..., X_n$  are iid random variables from the above mixture of two CMP distributions, their joint likelihood function is given by

$$L' = \prod_{i=1}^{n} f(x_i) = \prod_{i=1}^{n} \{ pf_1(x_i) + (1-p) f_2(x_i) \}$$
  

$$\log L' = \sum_{i=1}^{n} \log \{ pf_1(x_i) + (1-p) f_2(x_i) \}$$
  

$$= \sum_{i=1}^{n} \log \left\{ p \cdot \frac{\lambda_1^{x_i}}{x_i!^{\nu_1}} \cdot \frac{1}{\sum_{j=1}^{T} \frac{\lambda_j^j}{j!^{\nu_1}}} + (1-p) \cdot \frac{\lambda_2^{x_i}}{x_i!^{\nu_2}} \cdot \frac{1}{\sum_{j=1}^{T} \frac{\lambda_j^j}{j!^{\nu_2}}} \right\}.$$
(4)

We would like to find the estimates  $(\hat{p}, \hat{\lambda}_1, \hat{\nu}_1, \hat{\lambda}_2, \hat{\nu}_2)$  by maximizing the likelihood function. However, due to the nonlinear structure of the likelihood function, differentiating it with respect to each of the parameters and equating the partial derivatives to zero does not yield a closed form solution for any of the parameters. We therefore adopt an alternative procedure for representing the likelihood function.

Define a new set of random variables  $Y_i$  as follows:

$$Y_i = \begin{cases} 1 \text{ if } X_i \sim \text{CMP}(\lambda_1, \nu_1) \\ 0 \text{ if } X_i \sim \text{CMP}(\lambda_2, \nu_2) \end{cases}.$$

Then the likelihood and log-likelihood functions can be written as

$$L = \prod_{i=1}^{n} \left\{ (pf_1(x_i))^{y_i} \left( (1-p) f_2(x_i) \right)^{(1-y_i)} \right\}$$
$$l = \log L = \sum_{i=1}^{n} y_i \{ \log(p) + \log f_1(x_i) \} + \sum_{i=1}^{n} (1-y_i)$$
$$\{ \log(1-p) + \log f_2(x_i) \}.$$
(5)

From here we get a closed form solution for  $\hat{p}$  by differentiation:

$$\frac{\delta l}{\delta p} = 0 \Longrightarrow \hat{p} = \frac{\sum_{i=1}^{n} y_i}{n}$$

The problem lies in the fact that the  $y_i$ 's are unknown. We therefore use the EM algorithm technique.

2.2.1 *E Step.* Here we replace the  $y_i$ 's with their conditional expected value

$$\widetilde{Y}_{i} := E(Y_{i}|X_{i} = x_{i}) = \frac{pf_{1}(x_{i})}{pf_{1}(x_{i}) + (1-p)f_{2}(x_{i})}.$$
 (6)

2.2.2 *M Step.* Thus, by replacing the unobserved  $y_i$ 's in the E-step, we get

$$\hat{p} = \frac{\sum_{i=1}^{n} \tilde{y}_i}{n}.$$
(7)

For the other parameters, none of the equations

$$\frac{\delta l}{\delta \lambda_1} = 0, \ \frac{\delta l}{\delta \nu_1} = 0, \ \frac{\delta l}{\delta \lambda_2} = 0, \ \frac{\delta l}{\delta \nu_2} = 0$$

yields closed form solutions. We propose an iterative technique for obtaining the remaining estimates by maximizing *L*.

Because an estimate of p is easy to obtain, we only need to maximize the likelihood based on the remaining four parameters and then iterate. In particular: Plug in  $\hat{p}$  in the likelihood function L. Then L becomes a function of  $\lambda_1$ ,  $\nu_1$ ,  $\lambda_2$ ,  $\nu_2$ .

The idea is to use the grid search technique to maximize *L*. In this technique, we divide the parameter space into a grid, evaluate the function at each grid point, and find the grid point where the maximum is obtained. Then, a neighborhood of this grid point is further divided into finer areas and the same procedure is repeated until convergence. We continue until the grid spacing is sufficiently small. This approach is expected to yield the correct solution as CMP distribution is a member of the exponential family. Wu (1983) established the convergence of EM for the exponential family when the likelihood turns out to be unimodal.

Since we have four parameters to estimate, carrying out a grid search for all of them simultaneously is computationally infeasible. We therefore propose a two-step algorithm. First, we fix any two of the parameters at some initial value and carry out a grid search for the remaining two. Then, fixing the values of the estimated parameters in the first step, we carry out a grid search for the remaining two.

One question is which two parameters should one fix initially. From simulation studies, we observed that fixing the  $\lambda$ 's and obtaining  $\hat{v}$ 's and then carrying out a grid search for estimating the  $\lambda$ 's reduces the run time of the algorithm.

#### 2.3. Model Estimation

To avoid identifiability issues, if the empirical distribution exhibits a single peak, p is set to zero and a single CMP is estimated using ordinary maximum likelihood estimation (as in Shmueli et al. 2005) with adjustment for the truncation. Otherwise, if the empirical distribution shows two peaks, we execute the following steps:

2.3.1 Initialization. Fit a Poisson mixture. If the resulting estimates of  $\lambda_1$ ,  $\lambda_2$  are sufficiently different, use these three estimates as the initial values for p,  $\lambda_1$ , and  $\lambda_2$  and set the initial  $\nu_1 = \nu_2 = 1$ .

If the estimated Poisson mixture fails to identify a mixture of different distributions, that is, when  $\lambda_1$  and  $\lambda_2$  are very close, then use the estimated *p* as the initial mixing probability, but initialize  $\lambda$ 's by fixing them at the two peaks of the empirical distribution and set the initial  $\nu_1 = \nu_2 = 1$ .

Alternatively, initialize  $\lambda$ 's by fixing them at the two peaks of the empirical distribution but initialize  $\nu$ 's by using the ratio between frequencies at the peak and its neighbor(s). 2.3.2 *Iterations*. After fixing the five parameters at initial values, the two-step optimization follows the following sequence:

For a given *p*,

- Optimize the likelihood for  $\nu$ 's, fixing p,  $\lambda_1$ , and  $\lambda_2$  using a grid search.
- The optimal ν<sub>1</sub>, ν<sub>2</sub> are then fixed (along with *p*). A grid search finds the optimal λ<sub>1</sub>, λ<sub>2</sub>.
- Repeat Steps 1 and 2 until some convergence stopping rule is reached.
- Once the  $\lambda$ 's and  $\nu$ 's are estimated, go back to estimate p.
- Finally, the E step and M step are run until convergence.

Empirical observations for improving and speeding up the convergence:

- Split the grid search for  $\nu$ 's into three areas: [0,0.7], (0.7,1], >1.
- Grid ranges and resolution can be changed over different iterations.
- Even when the initial values are not based on the Poisson mixture, the likelihood of the Poisson mixture must be retained and used as a final benchmark, to assure that the chosen CMP mixture is not inferior to a Poisson mixture. In all our experiments, the alternative initialization described above yielded better solutions.
- Choosing upper bounds on the λ's and v's: The bounded support of the truncated distributions means that values of λ and ν beyond certain values lead to a degenerate distribution. Based on our experience, it is sufficient to use ν = 20 as an upper bound (see Appendix A for illustrations). For bounding λ, we take advantage of the identifiability issue where different combinations of λ,ν yield similar distribution shapes (see Section 3.1). In our algorithm, we therefore set the upper bound of λ = 100 (an upper bound of λ = 50 is sufficient, but for slightly more precision we set it to 100).

#### 2.4. Model Evaluation and Selection

We focus on two types of goals: a purely descriptive goal, where we are looking for an approximating distribution that captures the empirical distribution, and a predictive goal where we are interested in the accuracy of predicting new observations.

In the context of bimodal ratings and truncated count data, it is desirable that the fitted distribution should capture the modes, lodes and shape of the data, as well as have a close match between the observed and expected counts. Because the data are limited to a relatively small range of values, we can examine the complete actual and fitted frequency tables. It is practical and useful to start with a *visual evaluation* of the fitted distribution(s) overlaid on the empirical bar chart. The visual evaluation can be used to compare different models and to evaluate the fit in different areas of the distribution, rather than relying on a single overall measure. Performance is therefore a matter of capturing the *shape* of the empirical distribution. One example is in surveys, where it is often of interest to compare the distributions of answers to different questions to one another, or to an aggregate of a few questions.

In the bimodal context, it is typically important to properly capture the mode(s) and lode(s). The locations of the popular and unpopular values and their extremeness within the range of values can be of importance, for instance, in ratings.

For these reasons, rather than relying on an overall "average" measure of fit, such as likelihood-based metrics, we focus on reporting the modes and lodes as well as looking at the magnitudes of the deviation at peaks and dips. We report AIC statistics only for the purposes of illustrating their uninformativeness in this context. In applications where the costs of misidentifying a mode or lode can be elicited, a cost-based measure can be computed.

## 3. APPLICATION TO SIMULATED DATA

To illustrate and evaluate our CMP mixture approach and to compare it to simpler Poisson mixtures, we simulated bimodal discrete data over a truncated region, similar to the examples of real data shown in Section 1.

#### 3.1. Example 1: Bimodal Distribution on 10-Point Scale

We start by simulating data from a mixture of two CMP distributions on a 10-point scale, one underdispersed ( $\lambda_1 = 1$ ,  $\nu_1 = 3$ ) and the other overdispersed ( $\lambda_2 = 8$ ,  $\nu_2 = 0.7$ ), with mixing parameter p = 0.3. Figure 3 shows the empirical



Figure 3. Fit of estimated Poisson mixture ( $\hat{p} = 0.3221$ ,  $\hat{\lambda}_1 = 0.4094$ ,  $\hat{\lambda}_2 = 13.5844$ ) and CMP mixture ( $\hat{p} = 0.24$ ,  $\hat{\lambda}_1 = 1.1$ ,  $\nu_1 = 3.75$ ,  $\hat{\lambda}_2 = 9$ ,  $\nu_2 = 0.8$ ).

distribution for 100 observations simulated from this distribution. We see a mode at 1 and another at 10. We first fit a Poisson mixture, resulting in the fit shown in Table 1 and Figure 3. As can be seen, the Poisson mixture properly captures the two modes, but their peak magnitudes are incorrectly flipped (thereby identifying the highest peak at 1); it also does not capture the single lode at 3, but rather estimates a longer dip throughout 3,4,5. Finally, the estimated overall U-shape is also distorted. Note that the three estimated parameters ( $\lambda_1$ ,  $\lambda_2$ , and p) are quite close to the generating ones, yet the resulting fit is poor.

We then fit a CMP mixture using the algorithm described in Section 2.3. The results are shown in Table 1 and Figure 3. The fit appears satisfactory in terms of correctly capturing the two modes and single load as well as the magnitudes of the peaks and dip. Note that the AIC statistic is very close to that from the Poisson mixture, yet the two models are visibly very different in terms of capturing modes, lodes, magnitudes, and the overall shape.

Although the good fit of the CMP mixture might not be surprising (because the data were generated from a CMP mixture), it is reassuring that the algorithm converges to a solution with good fit. We also note that the estimated parameters are close to the generating parameters. Finally, we note that the runtime was about a minute.

3.1.1 Identifiability. Identifiability can be a challenge in some cases and a blessing in other cases. When the goal is to capture the underlying dispersion level, then identifiability is obviously a challenge. However, for descriptive or predictive goals, the ability to capture the empirical distribution with more than one model allows for flexibility in choosing models based on other important considerations such as computational speed or predictive accuracy.

Exploring the likelihood function, which is quite flat in the area of the maximum, we observe an identifiability issue. In particular, we find multiple parameter combinations that yield very similar results in terms of the estimated distribution. For instance, in our above example, the estimated CMP mixture is of one underdispersed CMP ( $\lambda_1 = 1.13$ ,  $\nu_1 = 3.75$ ) and one overdispersed CMP ( $\lambda_2 = 9$ ,  $\nu_2 = 0.8$ ) with mixing parameter p = 0.24. By replacing only the overdispersed CMP with the underdispersed CMP ( $\lambda_2 = 25$ ,  $\nu_2 = 1.27$ ), we obtain a nearly

Value	Simulated data	Poisson mixture	CMP mixture	
1	22	36	22	
2	2	7	2	
3	0	1	0	
4	1	1	1	
5	1	1	2	
6	4	3	4	
7	7	6	7	
8	15	10	13	
9	22	15	20	
10	26	20	29	
Estimates				
р	0.3	0.32	0.24	
$\lambda_1, \lambda_2$	1,8	0.41, 13.58	1.13, 9.00	
$\nu_1, \nu_2$	3, 0.7		3.75, 0.8	
First mode	1	1	1	
Second mode	10	10	10	
First lode	3	3,4,5	3	
Second lode	_	_	_	
Third lode	—	—	—	
AIC		370.6	370.0	

Table 1. Simulated 10-point data (n = 100) and expected counts from

Poisson and CMP mixtures

identical fit, as shown in Figure 4 and Table 2 ("CMP Mixture 2"). Mixture 2 is inferior to Mixture 1 only in terms of detecting lode 1 (indicating a lode at 1–2), but otherwise very similar. Another similar fit can be achieved by slightly modifying the two parameters to  $\lambda_2 = 30$ ,  $\nu_2 = 1.36$  ("CMP Mixture 3"). In other words, we can achieve similar results by combining different dispersion levels. In this example, we are able to achieve similar results by combining an over- and an underdispersed CMP and by combining two underdispersed CMPs.

To illustrate this issue further, we also show in Figure 5 the contours of the log-likelihood functions (as functions of  $v_1$  and  $v_2$ ) for three different fixed sets of values of p,  $\lambda_1$ , and  $\lambda_2$ . These plots correspond to the parameter combinations given in



Figure 4. Three different CMP mixture models that achieve nearly identical fit. Model 1 is the CMP from Figure 6. Models 2 and 3 are mixtures of two underdispersed CMPs.



p=0.24,lambda1=1.13,lambda2=9







Figure 5. Contour plots of the log-likelihood for three different parameter combinations.

Table 2. Three CMP mixtures fitted to the same data, with very similar fit

Value	Counts	CMP mixture 1 ( $\lambda_2 = 9$ , $\nu_2 = 0.8$ )	CMP mixture 2 ( $\lambda_2 = 25$ , $\nu_2 = 1.27$ )	CMP mixture 3 ( $\lambda_2 = 30$ , $\nu_2 = 1.36$ )
1	22	22	21	22
2	2	2	3	2
3	0	0	0	0
4	1	1	0	0
5	1	2	1	1
6	4	4	4	4
7	7	8	8	8
8	15	13	14	14
9	22	20	21	21
10	26	28	28	28

Table 2. In the plots, only the region where the log-likelihood function nears its peak is shown. It is quite evident from the plots that the peaks of the functions achieve very similar values. Therefore, the algorithm may converge to any of these parameter combinations, and we have already observed that the fits are very similar as well.

These plots also highlight the challenges of maximizing the likelihood in this situation. The solution is highly dependent on the initial values. The estimated value of the parameter  $v_2$  depends on the estimated parameter of  $\lambda_2$ , and the former increases with the latter. In the process, the estimated second CMP distribution moves from being overdispersed to even underdispersed.

Further, in each of the plots, it can be seen that the peaks are very sharp. Therefore, it is quite difficult for the algorithm to locate them. In the grid-search, the algorithm has to use very fine grids to successfully capture them. Peaks may not be visible in lower resolution. Thus the computational cost of the algorithm increases substantially.

#### 3.2. Example 2: Bimodal Distribution on 15-Point Scale

To further illustrate the ability of the CMP mixture to identify the two modes and adequately capture their frequency, as well as dips and overall shape, we further simulated two sets of 15-point scale data, with n = 1000 for each set.

Table 3, Table 4, Figure 6, and Figure 7 present the simulated data, the fitted Poisson mixture and the fitted CMP mixture.

In the first example (Table 3 and Figure 6), both Poisson and CMP mixtures correctly identify the first mode (at 4), but the CMP estimates the corresponding peak much more accurately than the Poisson mixture. The second mode (at 15) is only identified correctly by the CMP mixture, whereas the Poisson mixture indicates a neighboring value (14) as the second mode. In terms of dips, the first lode (1) is identified by both models. However, for lode<sub>2</sub> = 12 the Poisson estimate is far away at 8, while the CMP estimate is at the neighboring 11. Overall, the shape estimated by the CMP is dramatically closer to the data than the shape estimated by the Poisson mixture.

The second example (Table 4 and Figure 7) illustrates the dramatic underestimation of a mode's peak magnitude using the Poisson mixture. In this example, while both Poisson and

Table 3. First simulated 15-point dataset (n = 1000) and estimated counts from Poisson and CMP mixtures

Table 4. Second simulated 15-point dataset (n = 1000) and estimated counts from Poisson and CMP mixtures

Value	Simulated counts	Poisson mixture	CMP mixture	Value	Simulated counts	Poisson mixture	CMP mixture
1	44	29	33	1	302	141	304
2	71	62	73	2	115	49	112
3	120	90	113	3	24	18	26
4	128	98	134	4	13	20	13
5	104	86	131	5	21	36	22
6	106	65	108	6	37	59	39
7	85	48	78	7	51	81	57
8	54	40	50	8	81	99	72
9	36	42	30	9	80	107	79
10	25	51	18	10	84	104	77
11	19	63	15	11	64	92	67
12	15	75	20	12	49	74	53
13	30	83	34	13	36	56	38
14	48	85	60	14	30	39	25
15	115	83	103	15	13	25	16
Estimates				Estimates			
р	0.8	0.50	0.77	р	0.4	0.20	0.44
$\lambda_1, \lambda_2$	2, 15	4.32,14.50	4.15,15.1	$\lambda_1, \lambda_2$	1,15	0.67,9.73	1.03,13.78
$v_1, v_2$	0.5,0.7		0.9, 0.8	$\nu_1, \nu_2$	1.5,1.2		1.5, 1.15
First mode	4	4	4	First mode	1	1	1
Second mode	15	14	15	Second mode	10	9	9
First lode	1	1	1	First lode	4	4	4
Second lode	12	8	11	Second lode	15	15	15
Third lode	—	—	—	Third lode	—	—	—
AIC		5680	5210	AIC		5050	4720



Figure 6. First simulated 15-point dataset (bars) and expected counts from Poisson and CMP mixtures.

CMP mixtures reasonably capture the modes and lodes (with the CMP capturing them more accurately), they differ significantly in their estimate for the magnitude of the first peak. Such data shapes would not be uncommon in rating data.

## 4. APPLICATION TO REAL DATA

We now return to the two real-life examples presented in Section 1. In each case, we fit a CMP mixture, evaluate its fit, and compare it to a Poisson mixture.

#### 4.1. Example 1: Online Ratings

Recall the Tripadvisor.com 5-point rating of Druk Hotel from Section 1.1. The results of fitting a Poisson mixture and CMP mixture are shown in Table 5 and Figure 8. A visual inspection shows that the CMP mixture outperforms the Poisson mixture in terms of capturing the overall shape of the distribution.

In this example and in ratings applications in general, it is possible to flip the order of the values from low to high or from high to low. Here, we can reorder the ratings from "excellent" to "terrible." Next, we show the results of fitting Poisson and CMP mixtures to the flipped ratings (see Table 6 and Figure 9). It is interesting to note that for the CMP mixture the estimates

Data	Poisson mixture	CMP mixture
4	9	3
2	9	5
10	9	8
17	10	14
17	13	19
	0.22	0.09
	1.58, 6.91	0.91, 5.23
Very good	Fycallant	0.5, 0.8 Excellent
Excellent	Excenent	Excellent
Terrible	_	_
Poor	Terrible, Poor, Average	Terrible
	178.3156	171.1
	Data 4 2 10 17 17 17 Very good, Excellent Terrible Poor	DataPoisson mixture4929109171017130.221.58, 6.91Very good, Excellent Terrible PoorExcellent Poor, Average 178.3156

Table 5. Observed and fitted counts for Druk Hotel online ratings

slightly change, but the fitted counts remain unchanged. In contrast, for the Poisson mixture, flipping the order yields a slightly better fit in terms of shape.



Figure 7. Second simulated 15-point dataset (bars) and expected counts from Poisson and CMP mixtures.



Figure 8. Observed and fitted Poisson and CMP mixture counts for Druk Hotel online rating example.

Table 6.	Poisson and CMP mixtures fitted to the flipped ratings
	(excellent to terrible)

Rating	Data	Poisson mixture	CMP mixture
Excellent	17	15	19
Very good	17	14	14
Average	10	10	8
Poor	2	7	5
Terrible	4	4	3
Estimates			
р		0.55	0.88
$\lambda_1, \lambda_2$		1.38,3.38	1.03, 4.68
$v_1, v_2$			0.6, 0.8
First mode	Very good, Excellent	Excellent	Excellent
Second mode	Terrible		
Dip location	Poor	Terrible, Poor, Average	Terrible
AIC		206.8623	204.1

#### 4.2. Example 2: Heritage Insurance Competition

We return to the example from Section 1.2. The results of fitting a Poisson mixture and CMP mixture are shown in Table 7 and Figure 10. In this example, the two likelihoodbased measures are very similar but the CMP fit is visibly much better. The CMP mixture correctly identifies the two modes and the magnitude of their frequencies. In contrast, the Poisson mixture not only misses the mode locations, but also the magnitude of the inaccuracy for those frequencies is quite high.

4.2.1 Truncated Mixture Versus Censored Models. In this particular example, the data are right-censored at 15, with all 15 + counts given in censored form. We therefore compare the truncated CMP mixture to two alternative censored models: (1) a single right-censored CMP (with support starting at 1), and (2) a mixture of two right-censored CMP distributions. The log-likelihood function for a right-censored CMP can be written as

$$\log L = \sum_{i=1}^{n} (1 - \delta_i) \log P (Y_i = y_i) + \delta_i \log P (Y_i \ge y_i)$$
$$= \sum_{i=1}^{n} (1 - \delta_i) \left[ y_i \log \lambda_i - \nu \log y_i! - \log Z (\lambda_i, \nu) \right]$$
$$+ \delta_i \log P (Y_i > y_i), \tag{8}$$



Figure 9. Poisson and CMP mixtures, fitted to the flipped ratings (excellent to terrible).



Figure 10. Observed and fitted Poisson and CMP mixture counts for Heritage Insurance Competition data.

where  $\delta_i = 1$  indicates that observation *i* is right-censored, and otherwise  $\delta_i = 0$ ; in addition,  $\log P(Y_i \ge y_i) = 1 - \sum_{i=0}^{y_i-1} \frac{\lambda_i^x}{x!^{\nu}} Z^{-1}(\lambda_i, \nu)$ .

Results for fitting the two censored models are given in the right columns of Table 7. Results for a single interval-censored CMP model were identical to the single shifted and right-censored CMP model.

In terms of fit, while the single censored CMP best captures the first mode at 1, it fails to capture the bimodal shape with a dip at 14 and a second mode at 15. A mixture of censored CMP variables performs very similar to the truncated mixture except for missing the magnitude of the second mode at 15 + .

We note that computationally, it is much easier to compute a mixture of truncated CMP distributions over censored CMP distributions, because in the latter case the Z function is computed over a finite range whereas the censored case requires computing the normalizing constant Z over an infinite range (see Minka et al. 2003). From this aspect, if the truncated mixture performs sufficiently well, it might be advantageous computationally in cases where the data are not necessarily truncated by nature.

"D : 1 : 1		D: : : /			Right-censored CMP
# Days in nospital	Data	Poisson mixture	CMP mixture	Single censored CMP	mixture
1	9299	3284	7410	9003	8747
2	4548	2994	5567	5402	5950
3	2882	1860	3704	3241	3584
4	1819	976	2260	1945	1981
5	1093	641	1290	1167	1025
6	660	713	698	700	504
7	474	994	361	420	241
8	316	1327	183	252	117
9	263	1600	96	151	65
10	209	1742	62	91	48
11	145	1725	62	54	45
12	135	1566	89	33	47
13	111	1313	142	20	49
14	65	1021	227	12	49
15+	479	742	347	7	46
Estimates and fit					
р		0.4132	0.96		0.97
$\lambda_1, \lambda_2$		1.82, 10.89	0.93, 13.4	0.6	0.97, 13.48
$v_1, v_2$			0.3, 0.8	0	0.3, 0.9
First mode	1	1	1	1	1
Second mode	15 +	10	15+		13-14
Dip location	14	5	10-11	—	11
AIC		112006	85010	86471	85087

 Table 7. Observed and fitted counts for Health Heritage Competition data

#### 5. DISCUSSION AND FUTURE DIRECTIONS

Discrete data often exhibit bimodality that is difficult to model with standard distributions. A natural choice would be a mixture of two (or more) Poisson distributions. However, due to the presence of under- or overdispersion, often the Poisson mixture appears to be inadequate. The more general CMP distribution can capture under- or overdispersion in the data. Therefore a mixture of CMP distributions (if necessary, properly truncated) may be appropriate to model such data.

The usual EM algorithm for fitting mixtures of distribution can be employed in this scenario. However, as the CMP distribution has an additional parameter (compared to the Poisson distribution), the maximization of the likelihood is nontrivial. In the absence of closed form solutions, iterative numerical algorithms are used for this purpose. An innovative two-step optimization with more than one possible initialization of the parameters has been suggested to ensure and speed up the convergence of the resulting algorithm. In our experiments, the proposed algorithm for fitting CMP mixture models takes less than two minutes even for very large datasets (such as the Heritage Competition data). Further reduction in runtime may be possible by invoking more efficient optimization techniques.

An interesting property was observed while fitting the mixture of CMP distributions. If the ordering of the labels is reversed in case of, for example, consumer evaluation data, the fit appears to be very similar to the original one. This was not the case for the mixture of Poisson distributions. However, this has to be more thoroughly investigated.

Though there is an inherent identifiability issue in the case of CMP mixture models, as there may be more than one combination of  $\lambda$ , $\nu$  parameters of the underlying distributions yielding very similar shapes for the resulting mixtures, it does not cause any problem in terms of prediction. Rather it provides flexibility in choosing a model among several competing ones for improving predictive accuracy. This property is also advantageous in terms of bounding the parameter space in the grid search, whereby we can set relatively low upper bounds on  $\lambda$  and  $\nu$  values. Even for purposes of descriptive modeling, where we are interested in an approximation of the empirical distribution shape (location of peaks, etc.), the nonidentifiability issue is not a challenge. It does, however, pose a challenge if the goal is identifying the underlying dispersion levels of the CMP distributions.

We note that the identifiability issue pertains only to combinations of  $\lambda$  and  $\nu$ , and does not extend to the mixing parameter p in the sense that we did not encounter any situation where a different combination of the five parameters yielded similar fit. This is perhaps because we do get a closed form solution for p. Never did we get a poor estimate of this mixing parameter in any of the simulations. In other words, p identified the bimodality (when it is clearly present) without failure. The lack of fit due to a wrong choice of p cannot be compensated by changing the values of the other parameters.

To illustrate the predictive performance of a CMP mixture with a real example, we split the Heritage Healthcare data into training and holdout datasets. The training data consist of data



Figure 11. Predictive accuracy evaluation. Predictions from two CMP mixture models fitted to the Health Heritage training period (Year 2) compared to actual counts in holdout period (Year 3).

from year 2 and the holdout period is year 3. We fit a CMP mixture to the training period and generate predictions for the holdout period (see Figure 11). To show how the nonidentifiability can be advantageous in terms of generating robust predictions, we fit another CMP mixture with slightly different parameters (achieved by using different initial values). The second model yields a nearly identical predictive distribution. The two CMP mixture models also yield similar AIC values: 44965 and 44980, compared to a Poisson mixture which yields AIC = 62204. Yet, AIC and other predictive metrics that are common for continuous data are not always useful for discrete data (e.g., Czado, Gneiting, and Held 2009). An important future direction is therefore to develop and assess predictive metrics and criteria for bimodal discrete data, and in particular within the context of truncated mixture models that can capture bimodality.

While Poisson and CMP distributions are designed for modeling count data, we note their usefulness in the context of bimodal discrete data that can include not only count data but also ordinal data such as ratings and rankings. Our illustrations show that using the CMP mixture can adequately capture the distribution of a sample from Likert-type scales and star ratings. We also note that a truncated CMP mixture can provide a useful alternative to censored CMP models, when modeling censored over-/underdispersed count data. It can be advantageous in terms of capturing the bimodal shape and especially from a computational standpoint.

In our mixture scenario, observations are assumed to arise from a mixture distribution where it is not possible to identify which observation came from which original distribution (CMP<sub>1</sub> or CMP<sub>2</sub>). Related work by Sellers and Shmueli (2013) uses a CMP regression formulation where predictor information is used to try and separate observations into dispersion groups and estimate the separate group-level dispersion. They showed that mixing different dispersion levels can result in data with unexpected dispersion magnitude (e.g., mixing two underdispersed CMPs can result in an apparent overdispersed distribution). Our One direction for expanding our work, is generalizing to k (>2) mixtures. In that case, we can write the likelihood and the E & M steps without any problem. Again the equations for the mixing parameters  $p_1, p_2, \ldots, p_{k-1}$  will yield closed form solutions. The difficulty will be the grid-search over 2k parameters. It is expected that the same strategy of fixing  $p_1, p_2, \ldots, p_{k-1}$  and the  $\lambda$ 's first and optimizing over the  $\nu$ 's will work better. However, the effectiveness of the grid-search has to be tested in those situations.

This novel idea of CMP mixture modeling may also be extended to regression problems involving discrete bimodal data. For example, the Health Heritage example that we used comes from a larger contest for predicting length of stay at the hospital, where the data included many potential predictor variables. If the dependent variable shows bimodality, as in the case of the truncated "days in hospital" variable, the ordinary CMP regression might not be able to capture this feature. CMP mixture models may be very useful in this scenario. Sellers and Shmueli (2010a,b) considered CMP regression models for censored data. It would be interesting to explore the possibility of using a CMP mixture model in this context as well.

# APPENDIX A: PARAMETER UPPER BOUNDS FOR GRID SEARCH

The bounded support of the truncated distributions means that values of  $\lambda$  and  $\nu$  beyond certain values lead to a degenerate distribution. To illustrate this phenomenon, consider Figure A1 where we fix  $\lambda$  (in rows) and increase  $\nu$  from 0 to 10 (in columns). The same phenomenon is observed for other values of  $\lambda$ , namely, that the PDF becomes 1 at x = 1 for values of  $\nu$  greater than or equal to 15. Hence, for the purpose of grid search it is sufficient to set 15 as an upper bound for the range of  $\nu$ .

In terms of bounding  $\lambda$ , the identifiability issue where different combinations of  $\lambda$ ,  $\nu$  yield similar distribution shapes, helps us in obtaining an upper bound on  $\lambda$ . For illustration, Figure A2 shows results for three pairs of combinations that yield similar results (we have obtained similar results for many more pairs of examples).

In our algorithm, we set the upper bound for  $\lambda$  as 100. In fact, a bound of 50 is sufficient, but for slightly higher precision we set it to 100.



Figure A1. Increasing  $\nu$  for a fixed  $\lambda$ . PDF of truncated CMP mixture becomes degenerate.



Figure A2. Parameter combinations that yield nearly identical PDF results. Each row corresponds to a pair of parameter combinations that yield a nearly identical PDF.

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